

# SPORTS PROGRAM GUIDELINES

## St. Anselm Athletics

My child wishes to participate in the CYO athletics program with St. Anselm Catholic School. I agree with this decision and will support their learning to be a part of a team with the following:

1. Attendance Policy:
  - a. My child will attend regular practices or I will give notice to the coach regarding any necessary absences via phone call, text, email, or note to the main office. *Please do not ask another athlete to relay a verbal message.*
  - b. **If a student is absent from school or practice:**
    - i. on the day of a scheduled practice, game, or team event, then **that student CANNOT participate in the scheduled practice, game, or team event.**
    - ii. on the Friday before a Saturday practice, game, or team event, then **that student CANNOT participate in the scheduled practice, game, or team event.**
  - c. Any student/athlete who fails to attend regular practices may be sidelined from competition at the discretion of the coach, athletic director, and principal.
  - d. All exceptions will be reviewed by the school principal and athletic director to make a final decision.
2. I will provide my child with transportation to and from practices and games and understand that they need to be picked up and dropped off on time. **No unattended siblings may be at practice or games.**
3. I will support our coaches with their instruction and arrangements of practice and game schedules.
4. I will try to instill a sense of team unity in my child by helping them develop a cooperative attitude toward teammates and coaches.
5. I will help my child to understand what the demands are for being on a team:
  - a. They must accept the position and play as directed by their coach(es).
  - b. They must accept that the amount of playing time they receive will be determined by their coach(es).
  - c. They must respect officials and their decisions.
  - d. They must wear the issued uniform at all games, and have appropriate attire and equipment during practice, or will be denied participation.
  - e. Unsportsmanlike behavior will result in disciplinary action and/or dismissal from the team.
6. If there are any problems for my child with coaches, teammates, practices, or games, I will first speak with the coach during an appropriate time (**NEVER during a game**). A good rule of thumb is to wait 24 hours for the issue to be resolved before contacting the coach. If the resolution is not satisfactory, I will then contact the athletic director, and if still not resolved I will contact the school principal, then finally contact the pastor. *It is imperative that the chain of command is followed to resolve any and all issues.*
7. I will positively support all teams, remembering that all athletes, coaches, and officials are not perfect and will make mistakes. **Any profanity or unsportsmanlike behavior from athletes or adults could result in expulsion from the area of play and/or dismissal from the team.**
8. I understand that injuries can happen and I give my consent for a minor injury to be handled with ordinary First Aid attention and should a major injury occur, the Emergency Contact(s) will be notified.

---

Parent/Guardian Name

---

Student/Athlete Name

---

Parent/Guardian Signature

---

Date

---

Student/Athlete Signature

---

Date